

# *Life is A Dance... Join Us!*

☆ It's Fun ☆ Make New Friends ☆ Dance to Modern Music

☆ It's like Walking to Music ☆ Fitness for Body and Mind

☆ Two Left Feet, No Problem

☆ Everyone is Welcome ☆ Wear casual attire ☆ Have Fun!

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## **FREE Introduction to Square Dancing**

**Thursday, September 19, 2019 7:00 to 9:00 pm**

**Prospect Height Park District**

**110 W Camp McDonald Road, Prospect Heights, IL**

**Lessons to follow on Thursday nights 9/26/19 – 1/23/20**

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## **Arlington Squares**

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