



SQUARE DANCE LESSONS



FREE LESSONS on

Sunday, September 11 and 18, 2011

7:00 p.m. - 9:00 p.m.

SINGLES and COUPLES WELCOME NO PARTNER NECESSARY

GREAT EXERCISE

*Mayo Clinic study reports you can burn 200 – 400 calories
in just ½ hour of square dancing. Exercise mind & body.*

Square Up, Slim Down, and Promenade the Pounds Away

HAVE FUN! MAKE NEW FRIENDS!

Baker Community Center

101 S. 2nd St. (Route 31)

One block South of Route 64

St. Charles, IL.

Howard Hoffman - Instructor



**SPONSORED by BATAVIA BACHELORS 'N' BACHELORETTEs
and FOX VALLEY MIXERS Square Dance Clubs**

The Fox Valley Mixers Square Dance Club is an Associate Group of the St. Charles Park District



For Information Call: Batavia Bachelors 'N' Bachelorettes Alice - 630 584-1343

Fox Valley Mixers: Jack and Darlene - 847-488-9894

Email: marilyn@applebey.com

***JOIN THE FUN
LEARN TO SQUARE DANCE***